



A Special Place of Silence

The Retreat Centre is set on 500 hectares of natural bushland. In keeping with the charism of the Missionaries of the Sacred Heart, it is steeped in a spirituality of the heart. This creates a beautiful and peaceful environment with a supportive, praying community for anyone seeking to relax and enjoy God. Retreats are held in an atmosphere of silence to nourish and support prayer and healing.

Home for the Spirit

St Mary's Towers is home to a way of life. The community here are motivated and informed by their personal experience of the love of the heart of Jesus. This enables them to create an environment where people can listen deeply to God in their personal lives and in creation. We treasure the roles of silence and solitude in prayer.

Spiritual Accompaniment

Each retreat is supported by a dedicated team who are here to listen with you to the promptings of the Spirit. In their attentiveness, they can assist you in discerning the movements of God in your prayer and daily experience.

We offer the possibility of ongoing accompaniment beyond the retreat experience. If this attracts you, please talk it over with your prayer companion.

Retreat Team



- Fr. Stephen Dives msc
- Sr. Pauline Compton fdnsc
- Fr. Michael Fallon msc
- Fr. Dominic Gleeson msc
- Fr. Terry Naughton msc
- Ms. Michelle Vass

Several visiting Spiritual Directors serve with us.



*St Mary's Towers
Retreat Centre
Douglas Park Australia
2016 Program*



Missionaries of the Sacred Heart

St Mary's Towers Retreat Centre

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"I will lead you into the wilderness and speak to your heart" (Hosea 2:14).

Announcing New Sabbatical Program in 2017

December 30th 2015–January 31st 2016
Life's Journey Experience,
Ignatian Exercises or 30 days with a Mystic

JANUARY

- 1 - 9 **Contemplating the Mystery** - Retreat Team
 1 - 9 Directed Retreat
 11 -19 **Life's Healing Journey** - Retreat Team
 11 -19 Directed Retreat
 21 - 29 Directed Retreat

FEBRUARY

- 18 - 26 **Journeying through the Older Testament with the Mind and Heart of Jesus**
 Michael Fallon msc

MARCH

- 4 - 10 **Walking with Jesus: Learning His Way of the Heart** - Michelle Vass
 4 - 6 Prayer Weekend as above
 11-13 **An Introduction to Silence**
 Prayer Weekend - Retreat Team
 18 - 20 **Palm Sunday Prayer Weekend**
 Retreat Team
 20 - 26 **Easter Directed Retreat**
 20 - 26 **Easter Guided Retreat**
 24 - 26 **Easter Triduum Retreat**

APRIL

- 1 - 7 **Opening to the Presence**
 Michelle Vass & Lou Nulley
 1 - 3 Prayer Weekend as above
 8 - 14 **"Now Showing": Movies that Lead us to the Heart of Contemplative Living**
 Dominic Gleeson msc
 8 - 10 Prayer Weekend as above
 15 - 21 **Meditations on Luke's Gospel**
 Michael Fallon msc

April 29th - June 1st
Life's Journey Experience,
Ignatian Exercises or 30 days with a Mystic

- 22 - 24 **Couple's Prayer Weekend**

MAY

- 1 - 9 **Journey into the Heart** - Retreat Team
 11 - 19 **Life's Healing Journey** - Retreat Team
 21 - 29 Directed Retreat

JUNE

- 3 - 9 **In Search of Integration and Meaning in Mid-Life** - Retreat Team
 3 - 5 Prayer Weekend as above
 10 - 16 **Contemplative Transformation of Consciousness and Self** - Steve Dives msc

- 10 - 12 Prayer Weekend as above
 17 - 23 **Blessings of Love: Beguine Spirituality with Hadewijch** - Michelle Vass
 Prayer Weekend as above
 17 - 19 Prayer Weekend as above
 24 - 30 **"Mercy and faithfulness have met, justice and peace have embraced."**
(Psalm 85:10) - Retreat Team
 24 - 26 Prayer Weekend as above

JULY

- 1 - 7 **"Act justly, love tenderly walk humbly with our God"**(Micah 6:8):
Drawing on Pope Francis' Encyclical on the Environment - Retreat Team
 1 - 3 Prayer Weekend as above
 8 - 14 **Meditations on John's Gospel**
 Michael Fallon msc
 15 - 17 **Prayer of the Body and Heart**
 Prayer Weekend - Michelle Vass & Lou Nulley
 22 - 24 **Men's Prayer Weekend**

July 29th - August 31st
Life's Journey Experience,
Ignatian Exercises or 30 days with a Mystic

AUGUST

- 31 July - 8 August **Heart of God, Heart of Creation**
 Retreat Team
 5 - 7 Prayer Weekend as above
 10 - 18 **Life's Healing Journey** - Retreat Team
 20 - 28 Directed Retreat

SEPTEMBER

- 16 - 22 **Practising Mindfulness** - Chris Chaplin msc
 23 - 29 **John of the Cross: A Sure Guide to Prayer**
 Michael Fallon msc
 30 - 6 **Loving God with the Mystics** - Retreat Team
 30 - 2 Prayer Weekend as above

OCTOBER

- 14 - 22 **Life's Healing Journey** - Retreat Team
 28 - 3rd **Gift of Ageing** - Kerin Caldwell sgs

NOVEMBER

- 4 - 6 **God in the here and now: A retreat for those living with a life-limiting/ life threatening illness.** Prayer Weekend
 Therese Compton, Michelle Vass and Michael Fallon msc
 18 - 24 **Holy be Your Name** - Michelle Vass
 18- 20 Prayer Weekend as above
 25 - 27 **Women's Prayer Weekend - The Call of Beauty** - Michelle Vass & Pauline Compton fdnsc

DECEMBER

- 2 - 8 **Bearing Christ in our World**
 Advent Retreat - Retreat Team
 2 - 4 Prayer Weekend as above
 9 - 17 Directed Retreat

Three Month Sabbatical Program

"I will lead you into the wilderness and speak to your heart" (Hosea 2:14). Refreshing our Hearts in Contemplative Prayer and Living.
29th Dec 2016 to 24th March 2017

For details: Contact the Director
 Fr. Steve Dives msc: sdmsc@bigpond.com

January 29th 2017 - March 3rd 2017
Life's Journey Experience,
Ignatian Exercises or 30 days with a Mystic

FEBRUARY 2017

- 31Jan - 8 Feb **Contemplating the Mystery**
 Retreat Team
 10 - 18 **Life's Healing Journey**
 20 - 28 Directed Retreat

DATES: All retreats commence with a practical introduction at 5.40pm followed by the evening meal. They conclude with a 1.45 pm Eucharist on last day

TARIFF:

Our basic cost is - \$92.00 per day
 Prayer Weekend - \$184.00
 6 Day Retreat - \$552.00
 8 Day Retreat - \$736.00
 30 Day retreat - \$2760.00
 Brown Corridor Rooms - \$82 per day
 Tariff is all inclusive

Concession tariffs are negotiable with the Director
Deposit (non-refundable) to confirm your booking:
 \$30.00 for 8 days or less; \$150.00 for longer retreats.



Eucharist is celebrated daily and the Sacrament of Reconciliation is available.